

# Hudson Country Montessori School Lunch Menu

## March 2017

Students Name: \_\_\_\_\_ Classroom \_\_\_\_\_

<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<b>Alternatives:</b> 1. Chicken Nuggets 2. Fish Nuggets 3. Pasta w/ butter Sauce & Parmesan cheese on the side All Meals Served with Milk, Whole Wheat bread and Fresh Fruit	Grilled Chicken Sandwich Brown Rice Steamed Carrots	1 Turkey and Cheese wraps Baked Potato Chips Cucumber and Tomato Salad	2 Buttered Pasta Mozzarella Sticks w/sauce Spinach	43 Pizza Salad w/ Dressing
6 Macaroni and Cheese Peas and carrots	7 Spaghetti Sauce & Meatballs on the side Steamed Broccoli	8 Pop Corn Chicken Spinach Tater Tots	9 Grilled Cheese Sandwich Chicken Noodle Soup w/ Vegetables Fresh Fruit	10 Hudson Closed Professional day
13 Meat Ball Sub Sandwich Julienne Vegetables	14 Make Your Own Taco (all items separate) Corn	15 Seasoned Fish Filets Rice pilaf 1/2 of a Baked Sweet Potato	16 Hamburger on Whole Wheat Roll French Fries Mixed Vegetables	17 Pizza Salad w/ Dressing
20 Chicken Parmesan Buttered Pasta Steamed Broccoli	21 Cheese Tortellini w/Butter / Sauce on Side Steamed Cauliflower	22 Hot dog w/Bun Tater Tots Green Beans	23 Penne Pasta and Butter w/ Sauce and Meatballs on the side Spinach	24 Pizza Cucumbers and Carrots W/dressing on side
27 Chicken patty on whole wheat Roll, Tater Tots, Peas and Carrots	28 Meatloaf (all Beef) w/gravy Mashed Potatoes, Corn	29 Mini Pancakes w/ Turkey Sausage Peas	30 Chicken Quesadilla Spanish Rice Vegetable medley	31 Pizza Salad w/ Dressing