

HUDSON COUNTRY MONTESSORI LUNCH MENU ~ May 2017

Child's Name	Classroom			
<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
1 Beef Teriyaki Brown Rice Vegetable Medley	2 Spaghetti w/meatballs On the side Corn	3 Hamburger/ whole wheat roll French Fries Cauliflower	4 Oven Baked Lemon and Herb chicken Leg Rice Broccoli Florets	5 Pizza Salad w/ salad Dressing
8 Chicken Quesadilla Mexican Rice Steamed corn	9 Turkey and Cheese Subs Baked Potato Chips Snap Peas	10 Chicken Patty on whole Wheat roll Steamed Rice Mixed Vegetables	11 Baked Ziti w/ meatballs on the side String beans	12 Pizza Carrots and Celery w/ Dressing
15 Chicken pot-stickers Brown rice Steamed vegetables	16 Beef hot dog on bun Tater tots Cucumber slices	17 Buttered Pasta Mozzarella Sticks w/ sauce/ and Soft Breadsticks Steamed Cauliflower	18 Rice and beans w/chicken on the side Broccoli	19 Pizza Salad w/ salad Dressing
22 Meatball & Mozzarella Sub Sweet Potato Fries Carrots and Celery w/ Dressing	23 Pop Corn Chicken Mashed Potatoes Broccoli	24 Mini Pancakes Turkey Sausage Chilled Peaches	25 Creamy Macaroni and cheese Peas	26 PSC Pizza Carrots w/Dressing
29 HUDSON CLOSED MEMORIAL DAY	30 Fish Nuggets French Fries Spinach	31 All Beef Taco's Fixings on the side: (cheese, lettuce, tomatoes) Spanish Rice	<i>All Meals served with:</i> <ul style="list-style-type: none"> • 2% Milk • Whole Wheat Bread • Fresh Fruit 	<i>Alternatives:</i> <ol style="list-style-type: none"> 1. Chicken Nuggets 2. Fish Nuggets 3. Pasta/with butter-marinara sauce & cheese on side